



Studland Stampede 2010

3rd October – 10am Start

12K MULTI-TERRAIN RUNNING EVENT

Entry fee £10.00 (non-refundable)

Entry on the day £15 until 350 limit reached

Join us on the beach for the 2010 Studland Stampede. The race starts and finishes on the sand next to the National Trust Studland Visitors Centre (Knoll Beach car park, Studland Bay, Dorset).

Prizes:

1st, 2nd & 3rd Male

1st, 2nd & 3rd Female

All runners will receive a race memento

Please note: Race information and numbers will not be sent in the post.

Numbers will be issued from registration on the day and race information can be found at:

www.getoffyourarseandrun.com



Please complete the form (photocopies are acceptable) and send with cheque payable to: 'VN Events', and post to: VN Events, 2 Charnwood, 40 Tower Road, Poole, Dorset, BH13 6JA. POST ENTRIES MUST BE RECEIVED BY 27th September 2010

Studland Stampede 2010

First Name: _____ Last Name _____

Address: _____

_____ Post Code: _____

Email: _____

Race info will be sent to your email address, so please make sure you write clearly.

Running Club?: _____

Sex M/F: _____ D.O.B: _____ Age on Race Day: _____

Yes I would like a T-Shirt – Size small medium large (please attach £10 per T-shirt on top of your entry fee. **Order deadline 23rd Aug 2010**, no t-shirts will be available on the day. Slim cut T-shirts for all females.)

I am over 18 years old on race day and am an amateur athlete. I am medically fit to run. I agree to abide by the rules of the race and also accept that the organisers shall be in no way responsible for any injury, illness or accident to my person or loss of property resulting from my participation in the Studland Stampede 2010.

Signature: _____

Date: _____

(WEB10)